

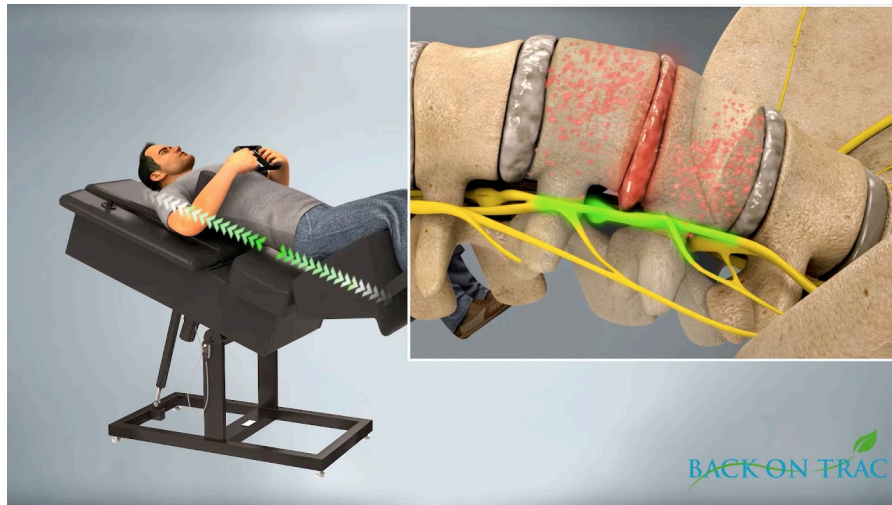
Posture Correction Package

Discover the Healing Power of Correcting a Pinched Nerve in Your Neck, Back, and Bad Posture via Gambale Chair and the Back on Trac Chair

About Us

At Capitol Spine & Rehabilitation and Disc Center of America – Baton Rouge, we are dedicated to providing innovative, non-invasive treatments to enhance your spinal health and overall well-being. Our comprehensive approach includes the use of advanced equipment such as the **Gambale Chair** and the **Back on Trac Chair**, each designed to address specific spinal issues and improve posture.





Gambale Chair: Enhancing Posture Correction

Developed by Dr. Anthony Gambale, the Gambale Chair is engineered to assist chiropractors in performing precise spinal adjustments. Its ergonomic design allows patients to sit comfortably while practitioners apply targeted techniques to adjust the spine and upper body joints, facilitating effective posture correction and spinal health improvement.

Benefits of the Gambale Chair:

- Enhanced Spinal Adjustments:** The chair's design enables chiropractors to perform more precise and effective spinal manipulations, potentially leading to improved patient outcomes.
- Improved Posture:** Regular sessions using the Gambale Chair may contribute to better spinal alignment, reducing the risk of chronic pain associated with poor posture.
- Patient Comfort:** The chair provides a comfortable seating position, allowing patients to relax during adjustments, which can enhance the effectiveness of the treatment.

Back on Trac Chair: Cervical Traction Therapy

The Back on Trac Chair offers a revolutionary approach to spinal decompression and cervical traction therapy. It gently stretches the spine, joints, and muscles in the back, neck, hips, and thighs without the need for cumbersome restraints or belts. The therapy is delivered through gentle stretching combined with vibration and heat, providing a relaxing and effective treatment experience.

Benefits of Cervical Traction Therapy with the Back on Trac Chair:

- Pain Relief:** By reducing pressure on the cervical spine, traction can alleviate neck pain, headaches, and discomfort caused by conditions such as cervical radiculopathy and degenerative disc disease.
- Improved Mobility:** Stretching the cervical spine enhances flexibility and range of motion, facilitating daily activities and physical therapy exercises.
- Enhanced Posture:** Regular traction sessions can correct misalignments, promoting better posture and reducing strain on the neck and upper back muscles.

Scientific Support for Posture Correction and Cervical Traction Therapies

Research supports the benefits of posture correction and cervical traction therapies:

- Reduction of Back and Neck Pain:** Proper posture alleviates strain on the spine, reducing discomfort.
- Improved Breathing and Circulation:** Correct alignment enhances lung capacity and blood flow.
- Enhanced Mobility and Flexibility:** Proper posture supports better movement and reduces stiffness.
- Neck Pain and Radiculopathy:** Cervical traction is used to treat conditions that cause neck and back pain, including radiculopathy or other pinched nerves.
- Improved Cervical Mobility:** Cervical traction helps restore cervical mobility and reduces back and neck pain.

Patient Testimonial

“After experiencing persistent neck and back pain due to long hours at my desk job, I sought treatment at Capitol Spine & Rehabilitation. The combination of posture correction therapy with the Gambale Chair and cervical traction therapy with the Back on Trac Chair was transformative. The targeted adjustments improved my posture, and the traction therapy alleviated my neck pain. I feel more aligned, and my overall well-being has significantly improved.” – Bobby B.

“After experiencing persistent neck pain due to long hours at my desk job, I sought treatment at Capitol Spine & Rehabilitation. The cervical traction therapy with the Back on Trac Chair was a game-changer. The sessions were comfortable, and I noticed a significant reduction in pain and improved mobility after just a few treatments. I highly recommend this therapy to anyone dealing with neck discomfort.” – Stephanie M.

At Capitol Spine & Rehabilitation and Disc Center of America - Baton Rouge, we are dedicated to utilizing advanced tools like the Gambale Chair and the Back on Trac Chair to provide effective posture correction and spinal decompression therapies. Our goal is to enhance your spinal health, alleviate discomfort, and improve your quality of life.

Take the next step toward healing and recovery with Gambale Chair and Back on Trac Chair at our clinic.